Did you know that G-d gave all Gentiles a covenant to guide their lives?

The Noahide Code of 7 Divine Commandments was given to Noah and his descendants after the Flood. It was also given as part of the Torah that Moses received from G-d at Mount Sinai, which then became the eternal source that obligates its continuing observance by all mankind. When studied properly, these laws are found to encompass a wealth of ethics and spirituality, which gives meaningful purpose to life.

AskNoah.org is a web site where we can join together to learn about these laws in the light of Chassidic teachings. It features lessons on the nature of creation, and our important roles as individuals and members of wider communities. We also provide networking for further information about Noahide families and groups worldwide. Contact us via the Internet or email:

Ask Noah International
(A 501c3 charitable organization)
asknoah.org and asknoah.com
Email: SevenLaws@asknoah.org

Noah's Covenant of the Rainbow is a living heritage for all Gentiles. When we fulfill our potential by living within this covenant, the Creation is spiritually elevated to realize its intended goal. This makes the world into a beautiful gem – a place where G-d can dwell!

1. Do Not Worship any Idol: Believe in the One G-d, for the essence of our life is to have faith and trust in the Creator of the universe, accepting what He commands to us, with awe and love. He is aware of all our deeds, and His Providence is over all of creation. (Gen. 2:16)

2. Do Not Blaspheme: Only respect and praise G-d, for trust and loyalty are crucial in our relationship with Him. Know that G-d is just, but we can't comprehend our Creator. One shouldn't extend his freedom of speech to the extreme of blasphemy. (Lev. 24:15)

3. Do Not Commit Murder or Injury: Respect for all human lives protects us from the extremes of selfishness and the violent tendencies that may lie within. (Gen. 9:5-6)

4. Do Not Commit Forbidden Relations: Respect for wholesome family life is the foundation for healthy communities, nations and societies. Sexual transgressions lead to inner spiritual decay. (Genesis 2:24)

5. Do Not Steal: Respect the rights of others. Income and property are granted by G-d, so we must seek to acquire these honestly, and not by theft. (Genesis 2:16)

6. Do Not Eat Meat Taken From a Living Animal: This law prohibits eating meat that was taken from a mammal or bird while its heart was still beating. Humans were given dominion over the world, but we are also its caretakers. We should not inflict unnecessary pain or suffering on any creatures. (Gen. 9:4)

7. Establish Laws and Courts: Righteous courts and law enforcement create a just system for the other six Laws and bring G-d's blessings to the society. (Genesis 9:6)

Gentiles who truly live by and fulfill the Torah’s 7 Laws of Noah are granted a reward forever.
A Message to the World
from Rabbi Menachem M. Schneerson (“the Rebbe”), Lubavitch International, v. 2, ‘90, p. 3

In explaining the purpose of Creation, our sages say that G-d, the Essence of all good, created the world as a result of His desire to do good. As it says in Psalm 145, "The L-rd is good to all, and His mercies are over all His works." For as it is the nature of good to do good unto others, the creation of the universe was a Divine expression of goodness.

Hence, everything that occurs in the world, even the apparent bad, such as natural disasters, must ultimately have redeeming good. Similarly, the negative inclination within human beings, who essentially desire to do good, is but a mechanism by G-d's design, to establish free choice. For had G-d created a world that is totally and exclusively good without any efforts on the part of mankind to achieve it, there would be no or little appreciation of goodness.

In the individual's struggle with evil, the approach should not be one of confrontation. By emphasizing the good in people and in the world, and by bringing the positive to the fore, the evil is superseded by the good until it eventually disappears. G-d created a world that is totally and exclusively good without any efforts on the part of mankind to achieve it, there would be no or little appreciation of goodness.

A particular task is to educate and to encourage the observance of the 7 Laws among all people. The religious tolerance of today, and the trend towards greater freedom gives us the unique opportunity to enhance widespread observance of these laws. For it is by observance of these laws, that are in and of themselves an expression of G-d's goodness, that mankind is united and bound by a common moral responsibility to our Creator. This unity promotes peace and harmony among all people.

The Noahide Code of 7 basic Divine laws was given to Noah and his children after the flood. This code would assure Noah and his children, the forebears of the human race, that humanity would not degenerate into a jungle again. The laws, which command the establishment of courts of justice and prohibit idolatry, blasphemy, homicide, incest, robbery, and eating the limb of a live animal (cruelty to animals), are the foundation of all morality. And they extend by laws derived from these into all aspects of moral behavior.

Why be a Righteous Gentile?

What difference does it make what kind of a Gentile you are, and who cares? After all, look at all the chaos in the world today. And look at all the people there are in the world!

A great leader of our generation said that it does make a difference if you are a Righteous Gentile. It does mean something and someone does care. The Rebbe, Rabbi Menachem M. Schneerson, told the world that we will soon see the coming of the righteous redeemer Moshiach (the Messiah descended from King David) as promised in Deuteronomy and books of the Prophets. He urged all people to prepare by strengthening observance of their commandments. For Gentiles, this means the 7 commandments that apply to them: the 7 Laws that had been given to Noah for all his descendants. For Jews, this means the commandments that apply to them. Both sets of commandments are found in the Torah and the Jewish Oral Tradition given by G-d to Moses at Mt. Sinai. The Divine rewards for observing the 7 Laws, learning their details, and encouraging their acceptance are an inheritance for all Gentiles. This advance will be made by all Jews and Gentiles working in concert along these two paths in a spirit of kindness and goodness.

Please guard the sanctity of this brochure.